



Why Lindner Center of HOPE Residential Services for Complex Mental Health Challenges: Medication Matters

Medications are undoubtedly an important tool in the treatment of mental illnesses. Expert application of psychopharmacology is a gamechanger in improving symptoms of mental illness and helping individuals achieve a manageable baseline. Complex comorbidities and severe mental illness make prescribing even more complex.

Lindner Center of HOPE's residential services employ full-time psychiatrists with expertise in psychopharmacology. These prescribing physicians are designated members of each residential client's treatment team. Medication management within Lindner Center of HOPE's residential programs is also supported by 24/7 psychiatry and nursing staff, onsite pharmacy and an innovative Research Institute.

In some cases, patients over the course of treatment for mental illnesses accumulate many prescriptions. In cases like this, Lindner Center of HOPE's residential units can offer a safe environment for medication assessment and adjustment. While the client participates in appropriate evaluation and treatment, their psychiatrist can also work with them on reaching rational polypharmacy -- in other words, medication optimization.

For patients with more severe, treatment-resistant mental illness, Lindner Center's psychiatrists can implement the most complicated, and often hard to use, treatments, in a safe environment, while under their observation.

If medication adjustments result in decompensation on the residential units, a patient can be temporarily stepped up to an acute inpatient unit on the same campus.

Call **513-536-0537** if we can assist with your client.