



## Why Lindner Center of HOPE Residential for Psychosis?

Lindner Center  
of HOPE. |  Health™

Lindner Center of HOPE's adult residential services are designed to meet patients where they are in their treatment journey. One unique residential treatment track at Lindner Center of HOPE acknowledges a more sub-acute patient. Complex mental illness and co-occurring mental illness and substance use disorder can cycle into a break that may surface in acute psychosis. After the crisis is stabilized and more treatment is needed in a supportive environment, patients and families are often left with a gap in next-step treatment placement. Lindner Center of HOPE's Williams House can fill this gap.

**Lindner Center of HOPE's Williams House unit offers stabilizing evaluations and therapeutic offerings in a safe and supportive residential setting for patients who are:**

- Recovering from their first psychotic break
- Still coming out of psychotic illness/delusions or manic episode
- In need of further medication management
- At higher risk of self-harm; struggling with urges or chronic thoughts of self-harm
- Emotionally dysregulated and exhibiting disruptive behaviorChallenged to participate in groups
- Not currently responding to treatment
- No longer meeting acute inpatient criteria
- Not ready to return to work, school or other day-to-day

\*Patients should be medically stable and non-violent.

*"Lindner Center of HOPE helped move my daughter from life-threatening, trauma-inducing, cyclical hospitalizations by working with her step by step through the stages of stabilization and therapeutic recovery to the point that with a supportive environment, she was able to stay out of the hospital unit and start to make progress transitioning to the life she is meant to have. Lindner Center of HOPE's unique on-site hospital unit and two levels of residential stabilization and support, enabled her to move to a more therapeutic setting ... her single biggest step forward in 2-1/2 years." -- James, about his 22-year-old daughter*



For these patients, Lindner Center of HOPE offers a residential setting and treatment team focused on further stabilization and evaluation for next steps. Groups for this residential population focus on enriched life skills, coping skills, interpersonal skills and positive psychology. The cognitive group skills are then more fully developed through application in experiential groups.

Acceptance and Commitment Therapy (ACT) helps patients change their relationship with pain. The higher acuity of patients is often directly connected to significant emotional pain. ACT works through skills to help patients to become more psychologically flexible.

**Adults in this residential track work on:**

- Behavior plans
- Group attendance
- Motivation
- Stabilizing current psychotic symptoms
- Engaging in goal-directed or mindful activities
- Increasing readiness for potential testing



Patient participation and progress in groups contributes valuable information to the evaluation and next step recommendations completed by the multi-disciplinary treatment team.

If needed, patient can be stepped up to acute inpatient care on campus.

Call 513-536-0537 or visit  
<https://lindnercenterofhope.org/williams-house/>

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